

CORNELL COLLEGE RAMS WOMEN'S SOCCER

HIGH SCHOOL GIRLS ACADEMY PREMIER ID CAMP

Saturday, December 7th 2019 -7:30am--4:30pm--

FEE \$100

(FEE includes ALL training sessions, class time, a Cornell College soccer shirt and lunch at the Hill Top Café)

ID CAMP SCHEDULE

<u>SCHEDULE</u>		<u>WHAT TO BRING</u>
7:30am-8:00am	Registration	Indoor Soccer Shoes
8:00am-9:30am	Training Session 1	Cleats/Turf Shoes
9:45am-11:15am	Small Side Games	Shin Guards
11:30am-1:00pm	Lunch -Hill Top Cafe- & Tour (optional)	Indoors Clothing
1:15pm-3:00pm	Training Session 2	Outdoors Clothing
3:00pm-4:00pm	Game	
4:00pm-4:30pm	Stretch & College Talk Q&A	

The camp will take place on the beautiful campus of Cornell College in the Indoor Sports Complex or in the turf Stadium if weather permits. The training sessions will allow players to work directly with college/professional coaches which include technical and tactical training

The morning/afternoon is designed to provide campers an environment to improve and compete in small sided games while showcasing their skill

Registration is limited

Each player will receive a camp shirt and lunch with our team at our awarded Hill Top Cafe

This camp will be run by College/Professional Soccer Coaches

REGISTRATION

NAME	GRAD YEAR
POSITION	ADDRESS
CITY	PHONE
EMAIL	HIGH SCHOOL
CLUB TEAM	COACH'S NAME
COACH'S PHONE	COACH'S EMAIL
INSURANCE COMPANY:	POLICY NUMBER
KNOWN ALLERGIES:	MEDICATIONS TAKING:
TSHIRT SIZE	

EMERGENCY CONTACT:

PARENT'S PHONE:

EMERGENCY PHONE:

PARENT/GUARDIAN PERMISSION FOR MY CHILD TO PARTICIPATE IN SOCCER FESTIVAL: I hereby release the Rams Soccer Academy and Cornell coaches and players from all claims on account of any injuries, which may be sustained by my child while traveling to, participating in, and returning from the PREMIER ID CAMP. I also agree to indemnify the Cornell Soccer players/ coaches from any claim which may hereafter be presented by my minor child as a result of illness or accident while my child is at this clinic.

***REGISTER BY
NOVEMBER 29th
TO ENSURE
CORRECT
T-SHIRT SIZE***

***This camp is limited only by
number, age, grade level and/
or gender.***

SIGNATURE: _____ DATE: _____

